BCM SCHOOL

Basant City, Pakhowal Road, Ludhiana

HOLIDAY HOMEWORK
"Learning never takes a vacation!"

CLASS XII HUMANITIES

SESSION (2025-26)

SUBJECT – ENGLISH

ASSESMENT OF LISTENING AND SPEAKING SKILLS (ALS) PROJECT

INSTRUCTIONS FOR MAKING THE PROJECT

- The marks allotted for ASL PROJECT :10 marks (5 for Project+ 5 for Viva)
- Choose any **ONE** from the below given topics.
- Viva based on the project will be taken by the Internal examiner
- The portfolio of project may include all the points given in each project.
- The project must contain at least 20-25 sheets
- Use as many pictures /photographs as you require
- Use sketch pens for headings and coloured pens for content.
- Use A4 size coloured /designer paper sheets for the project and after compiling everything it should be submitted in spiral binding / Project file

NOTE: THE PROJECT SHOULD BE HANDWRITTEN

PROJECT 1: PLIGHT OF OLD AGED PEOPLE

1. Index

2. Acknowledgement

3. Certificate of Completion 4.Objectives

5. About the Poetess (with photos)

6. Poetess' Personal Experience - Common Paradox of Human Relationships 7.Portrayal of Sensational Separation Between a Mother and a Daughter

8. Plight of Old Aged People : Ugly Truth About Old Age (with photos)

9. Reasons Behind the Need of Old Age Homes

10. Efforts for Stress-Free and Secured Life of Aged People

11. Visit to an Old Age Home (photos of some aged people living in such homes)

12. How to Strike a Balance Between Duties and Responsibilities of Children and Society

13. Role of Youth to Improve the Plight of Aged People. 14. Bibliography or References

PROJECT 2: INDIGO – THE EMANCIPATION OF SHARECROPPERS BY MAHATMA GANDHI

1. Index

2. Acknowledgement 3.Certificate of Completion 4 Objectives

5. About the author

6. What is Indigo Sharecropping? (Brief history)

7. Natural Indigo Harvesting and its uses (pictures)

8. Theme of Indigo

9. Role of Rajkumar Shukla

10. Summary of Indigo

11. Efforts by Gandhi to put an end to Sharecropping in Champaran

12. Gandhi as an effective leader 13.Bibliography

PROJECT 3: THE RATTRAP: ESSENTIAL GOODNESS CAN BE AWAKENED THROUGH UNDERSTANDING AND LOVE.

1. Index 2.Acknowledgement 3.Certificate of Completion. 4.Objectives

5. Author's Biography.(With Pictures)

6. Introduction: THEME- loneliness/ need for a bonding/ faith in humanity/ kindness/ compassion

7. Summary and analysis

8. Character sketch of major characters

9- The letter by Rattrap peddler- Significance 10.Bibliography or References.

PROJECT 4: A THING OF BEAUTY AND IT'S ROLE IN HUMAN LIFE

1. Index

2. **Acknowledgement**

3. **Certificate of Completion**

4. **Objective**

5. **About author John Keats   (pictures)**

6. **Different characteristics of nature like it's eternal ,changeless, perfect**

, source of true happiness, etc)(beautiful pictures of Nature)

7. **Comparison of human life and Nature   (1page) For example:**

HUMAN	NATURE
Change	Changeless
Mortal	Immortal
Death & \Decay	Eternal

8. **Description of beautiful things in nature like**

- **Rivers: Symbol of excitement ,adventure ,healing, never ending supply of life...**

- **Sun: equality, light ,hope royalty ,divinity ,positivity power..**

- **Trees: lively, wisdom ,prosperity ,transformation...**

- **Animals: divine, moving ,growing, fertility ,happiness elegance, strength ,energy wisdom….**

- **Flowers: purity ,hope ,beautiful, Innocence ,humility, youthful….**

- **Beauty of Mighty dead :Stories of Saints and sages ,their work and deeds, how they immortalized themselves   '**

(Maximum 6 -7 pages with pictures) 9.Any 10 Central idea of -THING OF BEAUTY.

10.Bibliography or References.

PROJECT 5 :CHILD LABOUR IN INDIA (LOST SPRING}

1. **Index**

2. **Acknowledgement**

3 Certificate of Completion 4.Objective

5. **Child Labour with reference to Lost spring (summary)**

6. **Lives of children like Saheb and Mukesh**

7. **Describe – Seemapuri (with pictures)**

8. **Hazards of Bangle making industry 9.Initiative against child labour by**

9. **Indian government Various NGOs**

10. **SOS Children's Village in India**

12. **The Child Labour Prohibition And Regulation Act ,1986**

13. **Ways to eliminate child labour Bibliography**

ACKNOWLEDGEMENT

I would like to extend my sincere and heartfelt obligation towards all those who have helped me in making this project. Without their active guidance, help, cooperation and encouragement, I would not have been able to present the project on time.

I am extremely thankful and pay my sincere gratitude to my teacher_____for her valuable guidance and support for completion of this project.

I also acknowledge with a deep sense of reverence, my gratitude towards my parents, other faculty members of the school and friends for their valuable suggestions given to me in completing the project.

Date:

Place:

CERTIFICATE OF COMPLETION= CERTIFICATE

This is to certify that the project work on___based on the curriculum of CBSE has been completed by ……….of BCM SCHOOL,BASANT CITY, LUDHIANA

The above mentioned project work has been completed under my guidance during the academic year 2024-25

Signature of Teacher

SUBJECT –POLITICAL SCIENCE
LIST OF PROJECTS

Sr. No	Name of Student	Topic for Project
1	Anjali	Emergency Period 1975 – 1977
2	Anmol Singh	Globalization
3	Anmoldeep Kaur	ASEAN
4	Anshpreet Kaur	United Nation Organization
5	Anureet Kaur	Security
6	Armaan Kaur	End of Bi-polarity
7	Arnav Kumar	Nation Building
8	Ayan Kanda	Congress system and its restoration
9	Balraj Singh	India's Foreign Policy
10	Brahmjot Singh	Regional Aspirations in India
11	Dilpreet Singh	Emergency Period 1975 – 1977
12	Girisha Gupta	Globalization
13	Gurleen Kaur	ASEAN
14	Gurnoor Kaur	United Nation Organization
15	Hargun Kaur	Security
16	Harshit Jindal	End of Bi-polarity
17	Harupkar Singh	Nation Building
18	Japjeet Kaur	Congress system and its restoration
19	Jasmeet Kaur	India's Foreign Policy
20	Jasmeet K. Panag	Regional Aspirations in India
21	Kamya	Emergency Period 1975 – 1977
22	Karamjit Singh	Globalization
23	Khushi Sharma	ASEAN
24	Lakshdeep Singh	United Nation Organization
25	Lokeshpreet Kaur	Security
26	Manvinderpal Singh	End of Bi-polarity
27	Moksh Garg	Nation Building
28	Paras Goyal	Congress system and its restoration
29	Parineeti Rampal	India's Foreign Policy
30	Prabhjot kaur	Regional Aspirations in India
31	Princepreet Singh	Emergency Period 1975 – 1977
32	Ragaandeep Singh	Globalization
33	Rahul	ASEAN
34	Sahildeep	United Nation Organization
35	Sayam	Security
36	Sehajbeer	End of Bi-polarity
37	Sehajpreet	Nation Building
38	Yashdeep	Congress system and its restoration
39	Yuvraj	India's Foreign Policy

➢ Read the topic and prepare the outline of the project.

➢ Solve the assignment which is shared in whatsapp group.

➢ Prepare the question answer of chapter 1,2, 3, 4 and 5.

ASSIGNEMENT – 1.3 (NATION BUILDING)

NOTE:- The question given below consist of an assertion and a reason. Use the following key to choose the appropriate answer:

    (a) Both the A and R are true and R is the correct explanation of A.

    (b) Both A and R are true but R is not the correct explanation of A.

    (c) A is true but R is false.

    (d) A is false and R is true.

1. ASSERTION (A):- The Peasantry in Telangana were the main victims of Nizam's oppressive rule; so they were against his rule.
   REASON (R):- Nizam of Hyderabad followed oppressive policies against the masses.
   ANS:-

2. ASSERTION (A):- The Constitution of India was ready on 26th November 1949.
   REASON (R):- It came into effect on 26 January 1950.
   ANS:-

3. ASSERTION (A):- The states Reorganization Commission accepted that the basis of reorganization of new states should be linguistic.
   REASON (R):- The paramilitary force of Hyderabad's Nizam to counter communist forces during 1970 was Razakars.
   ANS:-

4. ASSERTION (A):- A major reorganization of state took place in North – east in 1972.
   REASON (R):- Nagaland was formed in 1963 and Mizoram and Arunachal Pradesh in 1987.
   ANS:-

5. ASSERTION (A):- There was a political competition between the Congress and the Muslim Leaue.
   REASON (R):- The German played important role in the policy of divide and rule.
   ANS:-

6. ASSERTION:- In Punjab there were two linguistic groups: Hindi Speaking and Punjabi Speaking.
   REASON (R):- In 1966 Haryana and Himachal Pradesh were separated from Punjab.
   ANS:-

7. ASSERTION (A):-The Two Nation Theory gave rise to the demand of two separate country/nation : one for Muslim and one for Hindu.
   REASON (R):- The Two Nation Theory means the cultural, religious, political, economic and social dissimilarities between the major communities living in India.
   ANS:-

8. ASSERTION (A):- Sardar Patel emphasized on general interest, i.e. law and order and peace in the country.
   REASON (R):- Linguistic reorganization also gave some uniform based to the drawing of state boundaries.
   ANS:-

9. ASSERTION (A):- Article 350 granted special autonomous status to the state of Jammu and Kashmir.
   REASON (R):- Article 370 is repealed in 2019 from Jammu and Kashmir.
   ANS:-

10. ASSERTION (A):- At the time of India's independence, there were 565 princely states.
    REASON (R):- The States Reorganization Act was passed in 1988.

ANS:-

11. ASSERTION (A):- The year 1947 was the year of one of the largest, most abrupt, unplanned and tragic transfer of human history has known.
    REASON (R):- It is very important that the political atmosphere in the country should be constructive and the leader to understand the needs and the plight of the citizens.
    ANS:-

12. ASSERTION (A):- India has adopted secularism as its ideal enshrined in the constitution.
    REASON (R):- The nawab of Junagarh wanted to merge with Pakistan or remain independent, but the people of Junagarh wanted to merge with Indian Union.
    ANS:-

13. ASSERTION (A):- Before 15th August 1947 peaceful negotiations had brought all territories harmoniously to the new boundaries of India.
    REASON (R):- Sardar Patel appealed to the princes for cooperation and act as patriots.
    ANS:-

14. ASSERTION (A):- The Muslim League opposed to the Indian National Congress and took the view that states should be free to adopt any course they liked.
    REASON (R):- Sardar Patel explained to all the rulers of princely states and stressed the need of unity and integrity among all the people of India.
    ANS:-

15. ASSERTION (A):- Linguistic states refers to those states which are formed on the basis of common religion of that particular state.
    REASON (R):- Linguistic states are also a step for encouraging healthy democracy. Above all linguistic states underlined the acceptance of the principle of diversity.
    ANS:-

16. ASSERTION (A):- In 1950 freedom came with the partition of India.
    REASON (R):- Sardar Patel was extremely successful in solving the issues of princely states merger and accession with India.
    ANS:-

17. ASSERTION (A):- After Independence many regional parties are formed either on religious basis or caste basis or any other basis.
    REASON (R):- Multi – party system further leads to coalition government.
    ANS:-

18. ASSERTION (A):- Immediately after independence there was a challenge to make India a unified nation.
    REASON (R):- The States Reorganization Commission was set up in 1944.
    ANS:-

19. ASSERTION (A):- The Indian Independence Act 1947 says that British India divided into two nations, India and Pakistan.
    REASON (R):- The British left India with multiple problems. This was certain and very serious challenge raised in front of India.
    ANS:-

20. ASSERTION (A):- The Interim Government took a firm stand on the integration of princely states.
    REASON (R):- Accessions of the princely states of Junagarh, Hyderabad, Kashmir, and Manipur proved more difficult than other states.

21. ASSERTION (A):- The states of Maharashtra and Gujarat were created in 1960.
    REASON (R):- Sardar Vallabh bhai Patel was the first Home Minister of India. He was known as Iron Man of India.
    ANS:-

22. ASSERTION (A):- Pt. Jawahar Lal Nehru announced the appointment of States of Reorganization Commission in Lok Sabha on 22 December 1953.
    REASON (R):- The Commission recommended the regrouping of states on the basis of language and culture as well.
    ANS:-

23. ASSERTION (A):- India is fully sovereign both in national and international matters.
    REASON (R):- Our government is fully sovereign, backed by the united will of the people.
    ANS:-

24. ASSERTION (A):- Planning has become integral part of India's political and economic system.
    REASON (R):- After the independence, Indian Government adopted planning for economic development of the country.
    ANS:-

25. ASSERTION (A):- Sardar Vallabh bhai Patel played a historic role in negotiating with the rulers of princely states.
    REASON (R):- The most important recommendation of the States Reorganization Commission was that boundaries of the different states should be based upon languages.
    ANS:-

26. ASSERTION (A):- The Constitution framers of India ensured in the constitution that the development and well – being will be done for the whole society and not for any particular section.
    REASON (R):- The leaders of the national movement cherished the idea of a secular nation because they believed that India must treat people of all religion equally.
    ANS:-

27. ASSERTION (A):- The British Policy of Divide and Rule is also responsible for partition.
    REASON (R):- Partition on the religious basis divided two countries as Hindu Nation and Muslim Nation and caused severe conflict between two nation.
    ANS:-

28. ASSERTION (A):- Hyderabad was the largest princely state and it was surrounded by the Indian Territory.
    REASON (R):- The first consequence of partition as the unplanned and tragic transfer of population that human history has known.
    ANS:-

29. ASSERTION (A):- Due to partition Bengal was divided into East Bengal and West Bengal.
    REASON (R):- By August 15, 1947 all except three states within its geographical limits had acceded to the Indian dominion.
    ANS:-

30. ASSERTION (A):- In 2010 Uttarakhand from Uttar Pradesh, Chhattisgarh from Madhya Pradesh and Jharkhand form Bihar were created.
    REASON (R):- Integration of states was the major problem after independence as the Indian States were given the right of Independence.
    ANS:-

SUBJECT-PAINTING

INSTRUCTIONS:
All Three Projects Are Compulsory.
Work should be Neat and presentable.

PROJECT 1:-Make 1 Landscape sheet,1 Still-Life sheet and 1 Composition sheet on A2 sized sheet.

PROJECT 2:-Make a beautiful Assignment File with pictures on any one Topic from your course of study.
PROJECT 3:-Make any one art piece from the given picture below:-

SUBJECT : HISTORY

1. Make a project file on any one of the following topics:

1. The Indus Valley Civilization-Archaeological Excavations and New Perspectives

2. The History and Legacy of Mauryan Empire

3. "Mahabharat"- The Great Epic of India

4. The History and Culture of the Vedic period

5. Buddha Charita

6. A Comprehensive History of Jainism

7. Bhakti Movement- Multiple Interpretations and Commentaries.

8. The Mystical Dimensions of Sufism

9. Global Legacy of Gandhian Ideas

10. The Architectural Culture of the Vijayanagar Empire

11. Life of Women in the Mughal Rural Society

12. Comparative Analysis of the Land Revenue Systems Introduced by the Britishers in India

13. The Revolt of 1857- Causes; Planning & Coordination; Leadership, Vision of Unity

14. The Philosophy of Guru Nanak Dev

15. The Vision of Kabir

16. An Insight into the Indian Constitution

17. Comparative Study of Stupas and Pillar Edicts

18. Comparative Study of Mughal and Vijayanagar Architecture

Guidelines:

1. Project is to be made on Excel Bond Sheets

2. Use lots of colours, pictures and drawing to highlight your project.

3. Leave space for Front page and Certificate as you will be guided about it later.

4. Project should be minimum of 20 pages.

2. Watch the following movies for a better understanding of the Chapters.

a. MANGAL PANDEY – THE RISING (CH. REVOLT OF 1857)

b. LAGAAN – (CH 10. COLONIALISM AND THE COUNTRYSIDE)

c. LEGEND OF BHAGAT SINGH (CH13. MAHATMA GANDHI THROUGH CONTEMPORARY EYES)

After watching each movie write a report on the same in your fair notebook.

3. Make a poster on any one Indian historical King/Ruler/Leader who has inspired you.

4. Do the given worksheet and revise the taught portion.

FORMAT OF PROJECT:

BCM SEN. SEC.

SCHOOL, BASANT

CITY, LUDHIANA

PROJECT REPORT

SESSION – 2025 – 2026

TOPIC

Submitted To: Submitted By:

Name :-

Class:-

Roll No:-

BCM SEN. SEC. SCHOOL, BASANT CITY, LUDHIANA

DEPARTMENT OF HISTORY

CERTIFICATE

This is to certify that _____(name of student), a student of class XII has successfully conducted the report on the project _____(topic of Project) under the guidance of _____(Subject Teacher) during the year 2025 – 2026 in partial fulfillment of History practical examination conducted by AISSE, New Delhi.

Name of Examiner   Name of Subject Teacher

_____   _____

Signature of Examiner   Signature of Subject Teacher
_____   _____

ACKNOWLEDGEMENT

In the present world of competition there is a race of existence in which those are having will to come forward succeed. Project is like a bridge between theoretical and practical working. With this willing I joined this particular project.

First of all, I am grateful to The Almighty God for establishing me to complete this project.

I wish to express my sincere thanks to _____ **(Principal) of BCM Sen. Sec. School, Basant City, Ludhiana)** for providing me with all necessary facilities.

I place on record, my sincere gratitude to _____ **(Co-ordinator)** for her constant encouragement.

I also thank _____(History Teacher), Department of History. I am extremely grateful and indebted to her for her expert, sincere and valuable guidance and encouragement extended to me.

I take this opportunity to record my sincere thanks to all the faculty members for their help and encouragement. I also thank my parents for their unceasing encouragement and support.

I also place on record my sense of gratitude to one and all who directly or indirectly have lent their helping in this venture.

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Sr. No.	Content	Page No
1	Introduction	1

Page No 5 – 18

INTRODUCTION AND SUBECT MATTER ALONGWITH PICTURES,

MAPS AND GRAPH Page No 19 – SUMMARY

Page No 20 – BIBLIOGRAPHY

Special Note:-

- ✓ The project should have a good presentation and creativity.

- ✓ Use single line assignment sheets for your project report.

- ✓ Use glitter pens if necessary.

- ✓ Decorate your file in well manner.

Solve this Assignment based on Theme 5 Through the Eyes of Travellers

1- Which of the following language Al-Biruni did not know?

(a) Arabic   (b) Syriac   (c) Hebrew   (d) Greek

2. While travelling to India, who faced the barrier of language as he belonged to Khwarizma. Still he cited Indian texts, the Vedas, Bhagvad Gita, Manusmriti, etc., to provide an understanding of Indian society. Who was he?

(a) Ibn Battuta   (b) Abdur Razzaq   (c) Al – Biruni   (d) Abu'l Fazl

3. Which of the following statement is **not** true regarding Ibn Battuta?

(a) He was a Moroccan traveller to India.

(b) His book of travels is known as 'Badshahnama'

(c) He had expertise in the Islamic religious law Sharia.

(d) He had made a pilgrimage to Mecca.

4. Who among the following was appointed Qazi/Judge of Delhi by Sultan Mohammed Bin Tughlaq?

(a) Asaf Khan   (b) Ibn Battuta

(c) Mahmud Wali Balkhi   (d) Danishmand Khan

5. Who took Al Biruni to Ghazni?

(a) Nadir Shah   (b) Sultan Mahmud

(c) Shah Shuja   (d) Ahmed Shah Abdali

6. Describe caste system observed by Al Biruni in India.

7. Explain the distinctive features of Al- Biruni's Kitab-Ul-Hind.

8. Explain the barriers faced by Al-Biruni in understanding the Indian Subcontinent.

9. Explain the communication system that amazed Ibn Battuta.

10. How Delhi was described by Ibn Battuta?

Sub: Economics

Students will be assigned one project to be completed which includes following objectives:

Objectives:

√ Probe deeper into theoretical concepts.

√ Analyze and evaluate real world economic scenarios.

√ Demonstrate the learning of economic theory.

Instructions:

√ Project File should be handwritten.

√ File should be presented in self-made presentable folder.

√ Topic of the project should be clearly understandable.

√ It should be an independent, self-directed piece of study.

Expected check list in Project:

√ Introduction of the topic

√ Acknowledgement

√ Certificate by guide

√ Index

√ Subject matter including schedules and curves.

√ Conclusion

√ Bibliography

Assigned Projects:

√ Micro and Small-Scale Industries.

✓ GST Act and its impact on GDP.

✓ Government Budget and its components.

✓ Digital India – Steps towards the future.

✓ Make in India – The way ahead

✓ SARWA SIKSHA Abhiyan – Cost ratio benefits

✓ Organic Farming – Back to the nature

✓ Role of RBI in control of credit

✓ Self-help group

✓ Health Expenditure (of any state)

✓ Atamnirbhar Bharat

✓ Money and Banking

Revise Chapters of Macro Economics (1-7)

Solve assignments of National Income

SUBJECT: PUNJABI

1.ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿਚ ਦਰਜ ਕਹਾਣੀਆਂ 'ਮਾੜਾ ਬੰਦਾ' ਤੇ 'ਘਰ ਜਾ ਆਪਣੇ' ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਉਸ ਦਾ ਸਾਰ ਲਿਖੋ ।

2. ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਰਜ ਅਖਾਣ 1-20 ਪੜ੍ਹੋ ਤੇ ਯਾਦ ਕਰੋ ।

ਤੁਸੀਂ ਬਾਰਹਵੀਂ ਕਲਾਸ ਪਾਸ ਕਰਨ ਤੋਂ ਬਾਅਦ ਆਪਣਾ ਭਵਿੱਖ ਕਿਸ ਕਿੱਤੇ ਵਿੱਚ ਬਣਾਉਣਾ ਚਾਹੁੰਦੇ ਹੋ ਉਸ ਕਿੱਤੇ ਨਾਲ ਸੰਬੰਧਿਤ ਸਾਰੀ ਜਾਣਕਾਰੀ ਇਕੱਠੀ ਕਰੋ ਅਤੇ ਇੱਕ ਚਾਟ ਦੇ ਰੂਪ ਵਿੱਚ ਵਿਅਕਤ ਕਰੋ।

ਆਪਣੀ ਲਾਜਮੀ ਪੰਜਾਬੀ ਦੀ ਪਾਠ ਪੁਸਤਕ ਵਿੱਚੋਂ ਤੁਹਾਨੂੰ ਕਿਹੜਾ ਕਵੀ ਸਭ ਤੋਂ ਚੰਗਾ ਲੱਗਦਾ ਹੈ ਉਸ ਦੀਆਂ ਕਵਿਤਾਵਾਂ ਦੀ ਜਾਣਕਾਰੀ ਇੰਟਰਨੈਟ ਤੋਂ ਪ੍ਰਾਪਤ ਕਰੋ।

3. ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਰਜ ਸੱਭਿਆਚਾਰ ਨਾਲ ਸਬੰਧਿਤ ਪਾਠ 'ਪੰਜਾਬ ਦੀਆਂ ਲੋਕ ਖੇਡਾਂ' ਅਤੇ 'ਪੰਜਾਬ ਦੇ ਲੋਕ ਨਾਚ' ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਦਿੱਤੇ ਅਭਿਆਸ ਨੂੰ ਹੱਲ ਕਰੋ ।

4.ਆਪਣੇ ਮਨਪਸੰਦ ਕਿਸੇ ਵੀ ਦੋ ਵਿਸ਼ਿਆਂ ਤੇ ਪੈਰਾ ਰਚਨਾ ਲਿਖੋ ।

5. ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਿੱਤੇ ਕਾਰ ਵਿਹਾਰ ਨਾਲ ਸਬੰਧਿਤ ਪੱਤਰਾਂ ਨੂੰ ਯਾਦ ਕਰੋ ਤੇ ਲਿਖੋ ।

6. ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਿੱਤੀਆਂ ਕਵਿਤਾਵਾਂ 'ਮੇਰਾ ਬਚਪਨ' ਤੇ 'ਗੀਤ' ਨੂੰ ਧਿਆਨਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਪ੍ਰਸੰਗ ਸਹਿਤ ਵਿਆਖਿਆ ਲਿਖੋ ।

7.ਹੇਠ ਲਿਖਿਆਂ ਵਿੱਚੋਂ ਕਿਸੇ ਇੱਕ ਵਿਸ਼ੇ ਤੇ ਪ੍ਰਾਜੈਕਟ ਬਣਾਓ

*ਖੁਰਾਕ [ਕਿਸੇ ਇੱਕ ਰਾਜ ਜਾਂ ਪ੍ਰਦੇਸ਼ ਤੇ ਆਧਾਰਿਤ]

*ਪੰਜਾਬ ਦੇ ਮੇਲੇ ਤੇ ਤਿਉਹਾਰ

*ਬਜ਼ੁਰਗਾਂ ਦਾ ਘਟ ਰਿਹਾ ਸਤਿਕਾਰ [ਕਾਰਨ ਤੇ ਸੁਝਾਅ]

*ਕੋਰੋਨਾ ਕਾਲ ਸਮੇਂ ਪੇਂਡੂ ਤੇ ਸ਼ਹਿਰੀ ਜੀਵਨ ਦਾ ਅੰਤਰ

*ਕੋਰੋਨਾ ਕਾਲ ਸਮੇਂ ਉੱਭਰੀ ਲੋਕ ਸੇਵਾ ਭਾਵਨਾ

*ਵਿਦੇਸ਼ਾਂ ਵਿੱਚ ਜਾਣ ਦੀ ਹੋੜ[ਸ਼ੌਕ, ਮਜਬੂਰੀ ਜਾਂ ਸਮਾਜਿਕ ਰੁਤਬਾ]

*ਸੋਸ਼ਲ ਮੀਡੀਆ ਦਾ ਵਧ ਰਿਹਾ ਪ੍ਰਭਾਵ

*ਵਿਗਿਆਨੀ [ਸਮਾਜ ਨੂੰ ਦੇਣ]

*ਲੇਖਕ [ਸਾਹਿਤਕ ਦੇਣ]

*ਮਹਾਂਪੁਰਸ਼ [ਜੀਵਨੀ ਤੇ ਉਪਦੇਸ਼]

8. ਓਪਨ ਬੁੱਕ ਪ੍ਰੀਖਿਆਵਾਂ, ਭਾਵੇਂ ਰਵਾਇਤੀ ਕਲੋਜ਼ਡ-ਬੁੱਕ ਪ੍ਰੀਖਿਆਵਾਂ ਨਾਲੋਂ ਸੌਖੀਆਂ ਜਾਪਦੀਆਂ ਹਨ, ਆਧੁਨਿਕ ਸਿੱਖਿਆ ਵਿੱਚ ਕਈ ਮੁੱਖ ਕਾਰਨਾਂ ਕਰਕੇ ਮਹੱਤਵ ਪ੍ਰਾਪਤ ਕਰ ਰਹੀਆਂ ਹਨ। ਇਹ ਰੱਟੇਬਾਜ਼ੀ ਤੋਂ ਧਿਆਨ ਹਟਾ ਕੇ ਗਿਆਨ ਦੀ ਡੂੰਘੀ ਸਮਝ ਅਤੇ ਵਰਤੋਂ 'ਤੇ ਕੇਂਦ੍ਰਿਤ ਕਰਦੀਆਂ ਹਨ, ਜੋ ਅਸਲ-ਸੰਸਾਰ ਦੇ ਦ੍ਰਿਸ਼ਾਂ ਨੂੰ ਦਰਸਾਉਂਦੀਆਂ ਹਨ। ਇਸੇ ਅਭਿਆਸ ਦੇ ਅਧੀਨ ਆਪਣੀ ਪਾਠ ਪੁਸਤਕ ਵਿੱਚ ਦਰਜ ਪਾਠ ਪੰਜਾਬ ਦੇ ਰਸਮ ਰਿਵਾਜ ਨੂੰ ਧਿਆਨ ਪੂਰਵਕ ਪੜ੍ਹੋ ਤੇ ਦਿੱਤੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਦਿਓ :-

ਪਾਠ- ਪੰਜਾਬ ਦੇ ਰਸਮ ਰਿਵਾਜ

ਲੇਖਕ ਗੁਲਜ਼ਾਰ ਸਿੰਘ ਸੰਧੂ

1. ਮੁਢਲੇ ਮਨੁੱਖ ਨੂੰ ਅਜੋਕੇ ਮਨੁੱਖ ਨਾਲੋਂ ਕਿਸ ਗੱਲ ਦਾ ਭੈਅ ਵਧੇਰੇ ਸੀ ?

2. ਪਾਣੀ ਕਾਹਦਾ ਚਿੰਨ ਹੈ ?

3. ਮੁੰਡਨ ਤੇ ਜਨੇਊ ਪਹਿਨਣ ਦਾ ਸੰਸਕਾਰ ਕਿਹੜੇ ਧਰਮ ਵਿੱਚ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ?

4. ਛਟੀ ਦੀ ਰਸਮ ਜਨੇਪੇ ਤੋਂ ਕਿੰਨੇ ਦਿਨ ਮਗਰੋਂ ਹੁੰਦੀ ਹੈ ?

5. ਬੱਚੇ ਦੇ ਜਨਮ ਪਿੱਛੋਂ ਕਿਹੜੀ ਰਸਮ ਬਹੁਤ ਮਹੱਤਵਪੂਰਨ ਮੰਨੀ ਜਾਂਦੀ ਹੈ ?

6. ਕਿਸ ਧਰਮ ਵਿੱਚ ਅੰਮ੍ਰਿਤ ਛਕਾਇਆ ਜਾਂਦਾ ਹੈ ?

7. ਮੁੰਡੇ ਦੇ ਜਨਮ ਦਿਨ ਤੇ ਦਾਈ ਕੀ ਲੈ ਕੇ ਆਉਂਦੀ ਹੈ ?

8. ਭਾਈਚਾਰਕ ਜੀਵਾਂ ਦੇ ਮਨਾਂ ਦੀਆਂ ਸਿੱਕਾਂ ਸਧਰਾਂ ਤੇ ਜਜ਼ਬਿਆਂ ਦੀ ਤਰਜਮਾਨੀ ਕੌਣ ਕਰਦਾ ਹੈ ?

9. ਮਨੂ ਦੀ ਭਾਈਚਾਰਕ ਵੰਡ ਅਨੁਸਾਰ ਮਨੁੱਖੀ ਜੀਵਨ ਨੂੰ ਕਿੰਨੇ ਭਾਗਾਂ ਵਿੱਚ ਵੰਡਿਆ ਗਿਆ ਹੈ ?

10. ਮੁਢਲਾ ਮਨੁੱਖ ਸਾਰੇ ਸੰਸਕਾਰਾਂ ਦਾ ਆਰੰਭ ਕਰਨ ਸਮੇਂ ਦੈਵੀ ਤਾਕਤਾਂ ਨੂੰ ਕਿਉਂ ਰਝਾਉਂਦਾ ਸੀ ?

11. ਪੰਜਾਬ ਦੇ ਰਸਮਾਂ ਰਿਵਾਜਾਂ ਦੀ ਸੰਭਾਲ ਕਰਨਾ ਕਿਉਂ ਜਰੂਰੀ ਹੋ ਗਿਆ ਹੈ ?

12. ਚੰਗੇ ਸ਼ਗਨਾਂ ਦੀ ਸੂਚਕ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ ?

13. ਬੱਚੇ ਦੇ ਜਨਮ ਤੋਂ ਬਾਅਦ ਕਿਹੜੀਆਂ ਦੋ ਰਸਮਾਂ ਕੀਤੀਆਂ ਜਾਂਦੀਆਂ ਹਨ ?

14. ਪੁਰਾਣੇ ਸਮੇਂ ਵਿੱਚ ਮੁੰਡਾ ਜੰਮਣ ਤੇ ਕਿਸ ਨੂੰ ਵਧਾਈਆਂ ਦੇ ਕੇ ਭੇਜਿਆ ਜਾਂਦਾ ਸੀ?

15. ਹਿੰਦੂ ਪਰਿਵਾਰਾਂ ਵਿੱਚ ਬੱਚੇ ਦਾ ਮੁੰਡਣ ਸੰਸਕਾਰ ਕਦੋਂ ਕੀਤਾ ਜਾਂਦਾ ਹੈ?

16. ਕਿਹੜੀ ਚਿੱਠੀ ਤੋਂ ਮਗਰੋਂ ਦੋਹਾਂ ਧਿਰਾਂ ਵਿੱਚ ਵਿਆਹ ਦੀਆਂ ਤਿਆਰੀਆਂ ਆਰੰਭ ਹੋ ਜਾਂਦੀਆਂ ਹਨ ?

17. ਨਾਨਕ ਛੱਕ ਦੀ ਤਿਆਰੀ ਕੌਣ ਕਰਦਾ ਹੈ?

18. ਕੁੜੀ ਦੀ ਕੁੜਮਾਈ ਜਾਂ ਸਕਾਈ ਦੀ ਨਿਸ਼ਾਨੀ ਕੀ ਹੁੰਦੀ ਹੈ?

19. ਅੱਜ ਕੱਲ ਕੁੜੀਆਂ ਮਾਪਿਆਂ ਉੱਤੇ ਭਾਰ ਨਾ ਹੋਣ ਕਾਰਨ ਉਹਨਾਂ ਦਾ ਘਰ ਵਿੱਚ ਕੀ ਸਥਾਨ ਬਣ ਗਿਆ ਹੈ?

20. ਕੁੜਮਾਈ ਦਾ ਸਗਾਈ ਕਿਸ ਦੀ ਹਾਜ਼ਰੀ ਵਿੱਚ ਕੀਤੀ ਜਾਂਦੀ ਹੈ?

21. ਵਿਆਹ ਤੋਂ ਪਹਿਲਾਂ ਵੱਡੀ ਰੀਤ ਕਿਹੜੀ ਹੁੰਦੀ ਹੈ?

22. ਕੜਾਹੀ ਚੜਾਉਣ ਸਮੇਂ ਵਿਆਹਦੜ ਦੀ ਮਾਂ ਕੜਾਹੀ ਵਿੱਚ ਕੀ ਬਣਾ ਕੇ ਪੇਕੇ ਆਂ ਦੇ ਲੇ ਜਾਂਦੀ ਹੈ?

23. ਵਰੀ ਕਿਸ ਦੇ ਘਰ ਤਿਆਰ ਕੀਤੀ ਜਾਂਦੀ ਹੈ?

24. ਵਿਆਹ ਦੇ ਹਰ ਕੰਮ ਨੂੰ ਕਰਨ ਲਈ ਕਿੰਨੀਆਂ ਸੁਹਾਗਣਾਂ ਇਕੱਠੀਆਂ ਹੁੰਦੀਆਂ ਹਨ ?

25. ਮੁਸਲਿਮ ਮੁਰਦੇ ਨੂੰ ਅਗਨੀ ਭੇਟ ਕਰਨ ਦੀ ਥਾਂ ਕੀ ਕਰਦੇ ਹਨ ?

26. ਅਨੰਦ ਕਾਰਜ ਦੀ ਰਸਮ ਵਿੱਚ ਲਾਵਾਂ ਕਿਸ ਦੇ ਆਲੇ ਦੁਆਲੇ ਲਈਆਂ ਜਾਂਦੀਆਂ ਹਨ ?

27. ਘੋੜੀ ਚੜਨ ਤੋਂ ਪਹਿਲਾਂ ਮੁੰਡੇ ਦੀ ਭਰਜਾਈ ਕਿਹੜੀ ਰਸਮ ਕਰਦੀ ਹੈ ?

28. ਅਰਥੀ ਦਾ ਇੱਕ ਡੰਡਾ ਕੱਢ ਕੇ ਮੁਰਦੇ ਦੀ ਚੱਲ ਰਹੀ ਖੋਪੜੀ ਨੂੰ ਠਕੋਰਨ ਦੀ ਕਿਰਿਆ ਨੂੰ ਕੀ ਕਹਿੰਦੇ ਹਨ?

29. ਪਿਤਾ ਦਾ ਵਾਰਸ ਬਣਾਉਣ ਸਮੇਂ ਭਾਈਚਾਰੇ ਦੀ ਹਾਜਰੀ ਵਿੱਚ ਕਿਸ ਨੂੰ ਦਸਤਾਰ ਬਣਾਈ ਜਾਂਦੀ ਹੈ ?

30. ਬੰਦੇ ਦੇ ਮਰਨ ਉੱਤੇ ਮਰਦ ਕਿੱਥੇ ਬੈਠਦੇ ਹਨ ?

HINDI

1) रामायण के सातो काण्ड का नाम लिखते हुए सभी कांडों का संक्षिप्त में वर्णन करे।

2) राम का अपने भाई के प्रति प्रेम को अपने शब्दों में स्पष्ट कीजिए।

3) जीवन में राम के आदर्शों का महत्व को कविता के माध्यम से लिखिए।

4) आप अपने माता-पिता की शादी की 25 वीं सालगिरह(Silver Wedding)की तैयारियां कैसे करेंगे, उसके बारे में लिखिए।)

SUBJECT – Sociology

Roll NO	Name of Student	Topics
1	Anmol Singh	Impact of Social media on teenagers
2	Anshpreet Kaur	Problem of Drugs in youth
3	Arnav Kumar	Social inequalities in healthcare
4	Balraj Singh	Problem of Brain Drain
5	Dilpreet	Impact of Globalization
6	Girisha	Effects of Media violence on teenagers
7	Gurleen	Harassment and cyber bullying
8	Harshit	Impact of Social media on teenagers
9	Harupkar	Problem of Drugs in youth
10	Japjeet	Social inequalities in healthcare
11	Jasmeet K. Panag	Problem of Brain Drain
12	Karamjit	Impact of Globalization
13	Khushi	Effects of Media violence on teenagers
14	Lakshdeep	Harassment and cyber bullying
15	Lokeshpreet	Impact of Social media on teenagers
16	Manivderpal	Problem of Drugs in youth
17	Paras	Social inequalities in healthcare
18	Prabhjot	Problem of Brain Drain
19	Ragaandeep	Impact of Globalization
20	Rahul	Effects of Media violence on teenagers
21	Sayam	Harassment and cyber bullying
22	Yuvraj	Impact of Social media on teenagers

- Prepare a detailed project on the assigned topics.

Subject: Yoga

🌺 practical File

👉 Surya Namaskar

👉 Five Aasan

👉 Two Pranayam

👉 Two Bandh

👉 Two Mudra

🌺 prepare a project file your favourite Asana & Pranayam

SUBJECT : Physical Education

Record File shall include:

Practical-1: Fitness tests administration.

Practical-2: Procedure for Asanas, Benefits and Contraindication for any five Asanas for each lifestyle disease.

Practical-3: Anyone one IOA recognised Sport/Game of choice. Labelled diagram of field and equipment. Also mention its Rules, Terminologies and Skills

SUBJECT: INFORMATICS PRACTICES

1. Explain Python PANDAS Series. Write any 3 Python programs that are suitable examples for different Series attributes.

2. Explain Python PANDAS DataFrame. Write any 4 Python programs that are suitable examples for different DataFrame attributes.

3. Explain different graphs/charts available with Data Visualisation and mention the functions with examples for plotting graph using matplotlib library.

4. Learn SQL Functions(any 5 Aggregate functions, any 5 String functions, any 5 numeric functions and any 5 Date functions) and write down select query using these functions as examples.

5. Complete your group project as the proposal already submitted and submit the Project Report File

Subject - Music
PROJECT WORK

Students have to prepare the Project file

Guidelines for preparing file

1. Practical file should be handwritten.
2. File should be presented neatly.

Contents for project will be

1) Talas along with single, double, tigun, chogun

   i.Dhamar Tala

   ii.Roopak Tala

   iii.Jhap Tala

2) Write any one life sketch

   i..Ustad Faiyaz Khan

   ii Krishna Rao Shankar Pandit

   iii. Ustad Bade Ghulam Ali Khan.

3.Ragas: full description and notation

   1.bhairav

   2.malkauns

   3.bageshri

   (paste pictures of musical instruments and musicians)